



MEET YOUR RUTGERS UBHC SCHOOL-BASED CLINICIAN



KRYSTYNA SOLJAN



ABOUT ME:

- I speak Polish, English & Spanish
- I enjoy spending time outside hiking, riding my bike and learning to garden
- Before becoming a therapist, I worked on a farm, at a grocery store and as a community organizer

BACKGROUND:

I am a Licensed Social Worker who graduated with my MSW in 2013. I have worked with children and adolescents experiencing concerns ranging from anxiety and depression to interpersonal conflicts and behavioral challenges.

I'M A THERAPIST & SOCIAL WORKER

The South Amboy School District has brought me on to provide mental health services through a collaboration with Rutgers School and Community Based Programs, a division of Rutgers University Behavioral Health.

Our goal is to allow students to access therapy and have an outlet to explore peer issues, mental health concerns, behavioral difficulties, or family problems in a safe, familiar place during school hours.

I AM HERE TO SUPPORT YOU.



Here are some of the ways I can help:

- Individual Therapy
- Family Therapy
- Group Therapy
- Crisis Screenings
- Consultations
- Workshops
- Presentations



To access services, please contact your Counselor or Case Manager for a referral

LET'S CONNECT!



Email:
ksoljan@sapublicschools.com
Phone:
(732) 316-7669 x3232

IN PERSON



Middle High School - Room 323
Monday, Tuesday & Thursday
Elementary School - Room 206A
Wednesday & Friday